

Best Practice in Abuse Prevention Education

How Body Safety Australia Supports best practice in abuse prevention education :

Body Safety Australia is a not-for-profit organisation established in 2015 to promote childhoods free from violence. We work with government and education peak bodies to ensure that our evidence-based programs align with curriculum and legislation. We pride ourselves in specifically tailoring and consulting with individual communities.

Superstars Learning Objectives

- Identifying emotions
- Identifying early warning signs
- Understanding the fight, flight, freeze response
- Assertive communication
- Naming safe adults
- Knowing their body belongs to them
- Naming private body parts
- Exceptions to bodily autonomy
- Understanding the difference between secrets and surprises
- Learning when behaviour can be 'tricky'

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- Encourages active participation
- Gives explicit instruction on core concepts
- Engages children in group learning
- Is delivered by trained instructors
- Is integrated into the curriculum
- Is repeated over time for greater consolidation
- Encourages parental engagement by delivering parent education
- Provides specialised training for teachers and educators
- Is supported by the delivery of comprehensive relationships & sexuality education
- Highlights risk of known abusers
- Incorporates risk of online grooming
- Is adapted for the needs of specific communities

Our whole of community approach includes:

Children's programs
Parent Workshops
Professional Development

Body Safety
Australia

